



# *Coco Duan*

## Executive Life Coach

### *Short Bio*

Coco Duan is an inspiring speaker, Executive Life Coach, and former Fortune 500 senior executive with 20 years of leadership experience.

Coco transformed from an outwardly successful leader who lacked true confidence into an unshakable force of nature with real, lasting confidence.

She is passionate about empowering Successful yet Self-doubting women leaders to break free from self-doubt and build Grounded Confidence—confidence rooted in self-awareness, self-acceptance and self-trust.

Her high-energy talks motivate women to embrace their true selves, act courageously, and become unstoppable in achieving their goals.

She loves dancing the Argentine tango, is a yoga teacher and meditator, and is writing her book Grounded Confidence, which will be released in the Fall of 2025.